

Doctor discussion worksheet



Questions and notes for a thyroid nodule care conversation

1 MY NODULE

Date the nodule was found

Size / location, if known

Biopsy / FNA result, if done

Has it grown over time?

2 MY SYMPTOMS AND CONCERNS

☐ Neck pressure or discomfort

☐ Trouble swallowing

☐ Breathing concern

☐ Voice change

☐ Visible neck change / cosmetic concern

☐ Growth concern

☐ Other: _____

3 WHAT TO BRING

☐ Ultrasound report or images

☐ Biopsy / FNA report, if available

☐ Thyroid blood test results

☐ Current medication list

☐ Notes about symptoms or visible changes

4 QUESTIONS TO ASK MY PHYSICIAN ABOUT MY DIAGNOSIS AND OPTIONS

1. What do my test results show, and is my nodule confirmed benign?

2. Do I need any additional testing before deciding what to do?

3. What care options are reasonable for me, including monitoring, ablation, and surgery, and how do they differ?

4. Do I need treatment now, or is monitoring appropriate for me? Why?

5. Which option do you recommend based on my nodule, symptoms, and priorities, and why?

5 QUESTIONS TO ASK MY PHYSICIAN ABOUT MICROWAVE ABLATION (MWA)

1. How does microwave ablation treat a thyroid nodule, and could it be appropriate for me?

2. How is it different from other types of thyroid treatment?

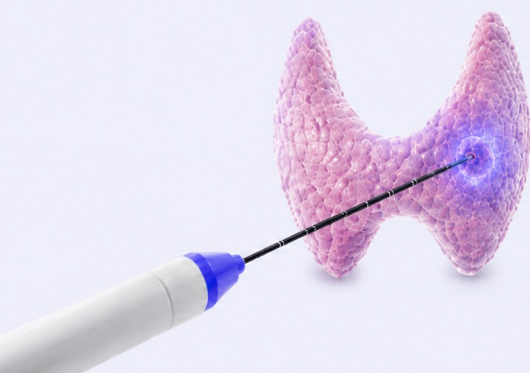
3. What results are realistic for me, including nodule shrinkage, symptom relief, and the possibility of future treatment?

4. What are the main risks and limitations of MWA for someone like me?

5. What should I expect during the procedure, recovery, and follow-up?

6 NOTES

For educational use only. This worksheet is intended to support discussion with a qualified healthcare professional. It does not provide medical advice, diagnose a condition, or recommend a treatment. Not every thyroid nodule requires treatment, and microwave ablation may not be appropriate for every patient. Treatment decisions should be based on an individual clinical evaluation. Please refer to the applicable product labeling and Instructions for Use for indications, contraindications, warnings, and precautions.



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